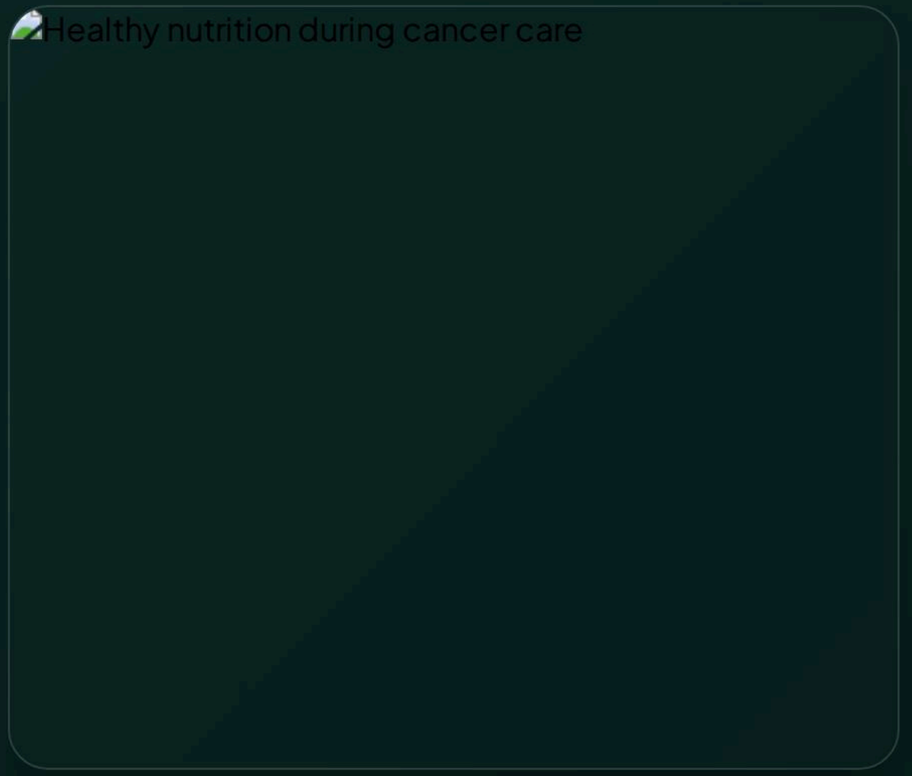
PERSONALIZED ONCOLOGY SUPPORT

ONCOLOGY NUTRITION

Supporting Nutrition During Cancer Treatment

Cancer treatment affects appetite, digestion, taste, swallowing, and weight. Appropriate nutrition support helps patients maintain nourishment and manage treatment-related challenges.



ONCOHEAL
HEALING THROUGH NUTRITION

TREATMENT CHALLENGES

Why Nutrition Matters During Cancer Treatment

Cancer and its medical therapies impact physiological nutritional needs in distinct ways.

- Reduced appetite
- Unintentional weight loss
- Nausea or vomiting
- Taste and smell changes
- Difficulty swallowing
- Digestive discomfort
- **Increased metabolic and nutritional requirements**

BENEFITS OF DIETARY CONSULTATIONS

Personalized Nutrition: Customized plans for your unique needs and goals.

Weight Management: Achieve and maintain a healthy weight.

Disease Prevention: Lower the risk of chronic conditions

PERSONALIZED STRATEGY

A personalized nutrition approach considers diagnosis, treatment plan, overall nutritional status, symptoms, and individual food preferences.

ONCOHEAL
HEALING THROUGH NUTRITION

Nutrition Support During Different Treatments

Nutritional intervention strategies vary based on the primary treatment modality.

Chemotherapy

Focuses on managing treatment-related symptoms and maintaining adequate food and fluid intake throughout cycles.

Radiation Therapy

Addresses swallowing difficulties, mouth sores, or area-specific side effects depending on the target region.

Surgery

Optimizes nutritional status prior to and following surgery to accelerate healing, recovery, and rehabilitation.

Palliative Care

Prioritizes patient comfort, overall quality of life, and accommodating individual food preferences.

TAILORED CLINICAL PLANS

Personalized Oncology Nutrition

A comprehensive professional nutrition plan includes tailored interventions:

- Individual nutritional assessment
- Personalized meal planning
- Protein and calorie optimization
- Hydration guidance
- Symptom-based dietary modifications
- Food alternatives based on tolerance
- Regular progress monitoring

KEY PRINCIPLE

Nutrition recommendations should be individualized rather than based on a single diet that works for everyone.

TAKE THE NEXT STEP

Get Professional Nutrition Support

Personalized Nutrition for Cancer Care

OncoHeal Nutrition provides specialized nutrition support designed around the individual's cancer treatment journey and nutritional requirements.

- Explore Our Services — oncohealnutrition.com/services/
- Visit Home — oncohealnutrition.com/
- Contact Us — oncohealnutrition.com/contact/

Image Sources

https://lookaside.fbsbx.com/lookaside/crawler/media/?media_id=100063608250818

Source: www.facebook.com

Create a customized meal pla
and lifestyle recommendations
Ongoing Support:
Receive guidance and support as
you progress towards your goals.
BENEFITS OF DIETARY CONSULTATIONS

https://primarypreventioncenter.com/wp-content/uploads/2024/09/dietary-consultation-info-desktop.jpg

Source: primarypreventioncenter.com

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https://static.vecteezy.com/system/resources/previews/057/744/492/non_2x/colorful-food-platter-featuring-variety-of-healthy-ingredients-including-vegetables-fruits-nuts-and-proteins-promoting-balanced-nutrition-and-wellness-isolated-transparent-png.png

Source: www.vecteezy.com

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https://cdn.cancercenter.com/-/media/ctca/images/others/medical-graphics/old/caregiver-burnout-dt.png

Source: www.cancercenter.com